

## Plan for Shelter In Place



Inform your support network where you keep emergency supplies and spare key to your home.



Organize and store in a safe place your prescriptions, over-the-counter drugs, and vitamins to prepare for an emergency.



Wear medical alert tags or bracelets. Also add pertinent medical information to your electronic devices.

### 3

## GATHER SUPPLIES



Identification



List of medications & medical records



Cash



Extra batteries, canes, or glasses



Emergency contacts



Birth & marriage certificates



Clothes



Documents proving residence



Soap, toothbrush, & toothpaste



Insurance policies



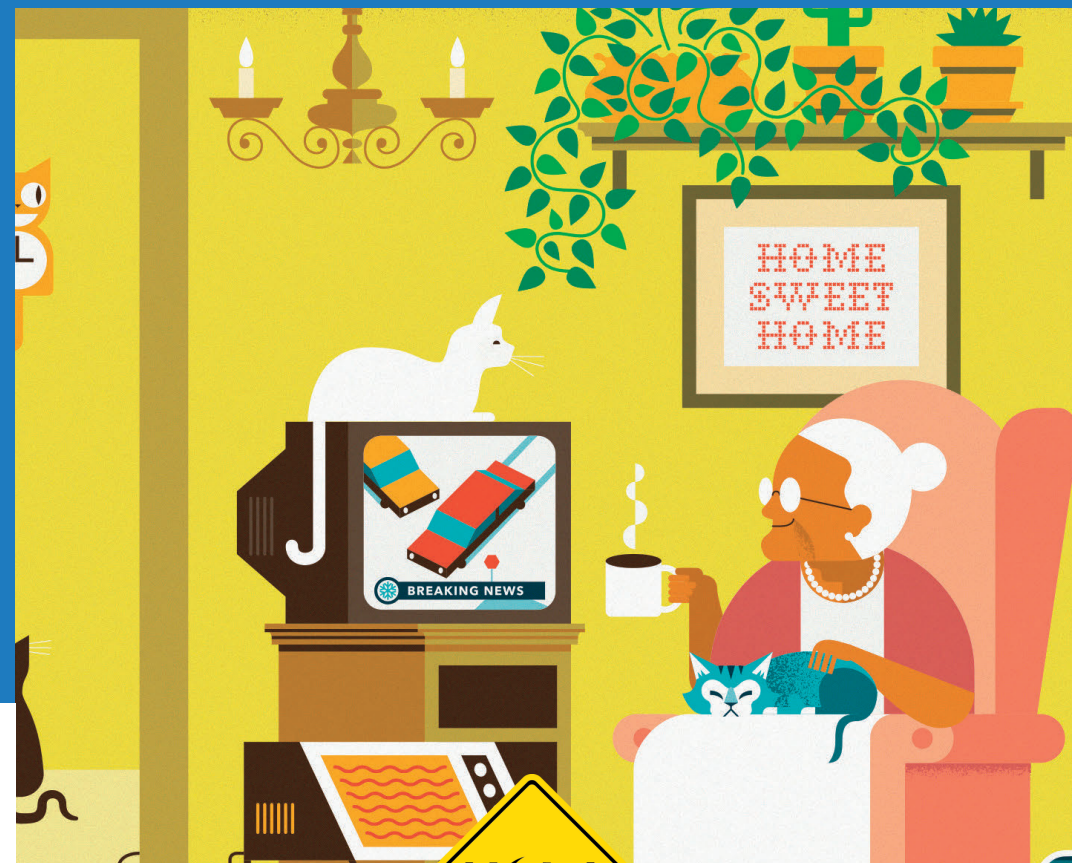
30 days of medication



Pet supplies

NOLA Ready is the City of New Orleans' emergency preparedness campaign, managed by the New Orleans Office of Homeland Security & Emergency Preparedness.

 [ready.nola.gov/access](https://ready.nola.gov/access)



# NOLA READY

## EMERGENCY PREPAREDNESS GUIDE FOR OLDER ADULTS AND PEOPLE WITH DISABILITIES

As an older adult or person with disabilities, there are a few extra things to consider in an emergency.



NOLAReady



@NOLAready



@nolaready

# 1 STAY CONNECTED

Sign up for NOLA Ready emergency alerts. Text **NOLAREADY** to **77295** or go to **ready.nola.gov**.



Create a support network of people who can help you in a disaster.



Connect with your network ahead of time and locate community resources with disaster planning.

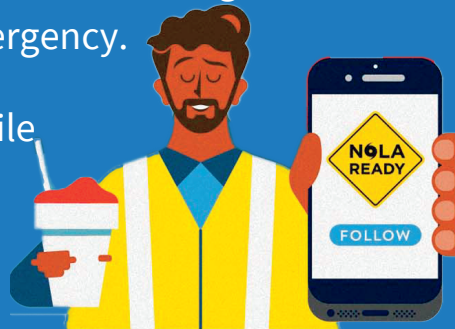


Prepare for power outages by always making sure that devices have a full charge.

## SIGN UP FOR SMART 911

Smart911 helps the City of New Orleans' emergency planners and first responders know who might need extra help during/after an emergency.

Create a Smart911 Safety Profile at **www.smart911.com** or download the Smart911 App (Apple Store or Google Play).



# 2 MAKE A PLAN

After a disaster you may not have access to a medical facility or even a drugstore. It's crucial to plan for your daily needs and know what you would do if they became limited or unavailable.



Confirm you have a clear title on your home. You will not be able to receive federal and state assistance for damages without a clear title.



Talk to your doctor about acquiring medication in advance - prepare at least a 30-day supply.



Plan for accessible transportation that you may need for evacuation or getting around after disaster.



Maintain durable power of attorney and/or medical power of attorney documents, as appropriate.

## Plan for Evacuation



Identify what type of assistance or support you will need to evacuate.



Prepare any assistive technology, medication, and medical equipment you need in advance.



If you reside in an assisted living center or nursing home, have an understanding of your building's evacuation policy.